

#### Office of the Superintendent

1501 Cerrillos Road Post Office Box 5340

Santa Fe, New Mexico 87502

Phone: (505) 989-6318

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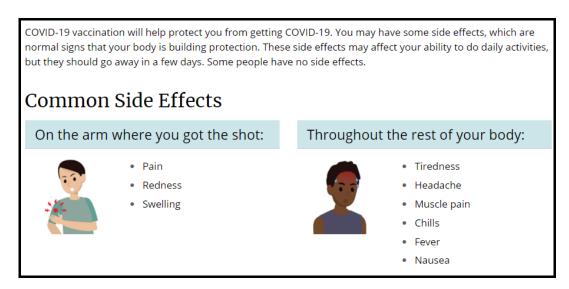
SFIS Parents/Guardians,

Thank you for registering your child to attend SFIS Summer School on-campus as a day student. After this year of distance learning and all the accompanying challenges, we are happy that your child is back on our campus to recover credit(s) so that they can be promoted with their class to the next grade level for SY21-22.

We want to reiterate that we <u>strongly encourage all eligible students attending summer school on campus to be vaccinated</u>. To support you in vaccinating your child, Santa Fe Indian School is collaborating with IHS Santa Fe Service Unit to provide COVID-19 vaccination to any students 12 years and older. If you are interested in having your child 12 years and older vaccinated, please contact the IHS vaccine unit at 505-946-9203 to schedule an appointment.

In order to ensure that students are monitored for any post-vaccination symptoms, *all students must stay home for 48 hours after getting a COVID-19 vaccine* so that parents/guardians can monitor their child's symptoms.

We have attached the CDC Fact Sheet, "What to Expect after Getting a COVID-19 Vaccine," for additional information. Please also see an excerpted summary from this Fact Sheet regarding common COVID-19 side effects.



Thank you for your cooperation and feel free to reach out to us if you have any questions.

Respectfully,

Gary J. Lujan

Co-Interim Superintendent
Trust Land Management Director

Nina Smith

Co-Interim Superintendent

Continuous School Improvement Director

# What to Expect after Getting a COVID-19 Vaccine

Accessible version: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html

COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days. Some people have no side effects.

### **Common side effects**

On the arm where you got the shot:

- Pain
- Redness
- Swelling

#### Throughout the rest of your body:

- Tiredness
- Chills
- Headache
- Fever
- Muscle pain
- Nausea

## **Helpful tips**

If you have pain or discomfort after getting your vaccine, talk to your doctor about taking an over-the-counter medicine, such as ibuprofen or acetaminophen.

To reduce pain and discomfort where you got the shot:

- Apply a clean, cool, wet washcloth over the area.
- Use or exercise your arm.

#### To reduce discomfort from fever:

- Drink plenty of fluids.
- · Dress lightly.

### When to call the doctor

In most cases, discomfort from fever or pain is normal. Contact your doctor or healthcare provider:

- If the redness or tenderness where you got the shot increases after 24 hours
- If your side effects are worrying you or do not seem to be going away after a few days

## • If your side effects are worrying you or do not seem to be going away

# about getting started with v-safe

Ask your vaccination provider

Use your smartphone to tell CDC about any side effects after getting the COVID-19 vaccine. You'll also get reminders if you need a second dose

Learn more about **v-safe**. <u>www.cdc.gov/vsafe</u>

#### Remember

- Side effects may affect your ability to do daily activities, but they should go away in a few days.
- With some COVID-19 vaccines, you will need 2 shots in order to get the most protection. You should get the second shot even if you have side effects after the first shot, unless a vaccination provider or your doctor tells you not to get it.
- You will only need 1 shot of the viral vector COVID-19 vaccine, Johnson & Johnson's Janssen COVID-19 Vaccine.
- It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until about two weeks after your second shot. For COVID-19 vaccines that require 1 shot, it takes about two weeks after vaccination for your body to build protection.
- After you are fully vaccinated, you may be able to start doing some things you had stopped doing because of the pandemic. Visit CDC's website for the latest recommendations. www.cdc.gov/coronavirus/vaccines.

HEALTHCARE PROVIDER, PLEASE FILL IN THE INFORMATION BELOW:	
If your temperature is°F or°C or higher or if you have questions, call your healthcare provider.	
Tell your healthcare provider about:	
Healthcare provider phone number:	
Medication (if needed):  Take every hours as needed.  (type and dose or amount)	



cdc.gov/coronavirus